

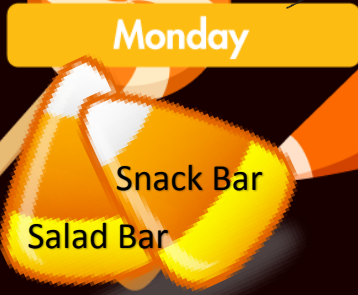
Monday

Tuesday

Wednesday

Thursday

Friday



Funfetti Pancakes or **Yogurt Parfait**
Celebrate October Birthdays!
Fiestada Pizza
Shrimp Poppers w/String Cheese
Chicken Wings w/Biscuit & ORings
Stuffed Crust Pizza
Apple Slices w/PB,CheezIts,Gram
Birthdays Bar (ALL)/Sour Raisels

***BYO Breakfast Bowl** **2**
All Beef Hot Dog
Dlx Panini Grilled Chicken Sand.
Spicy Chicken Wrap w/Fries
Fiesta Burrito
Black Bean Burger w/Fries
Kiwi Strawberry Sidekick

Cinn. Roll or Breakfast Pizza **3**
Chicken Nuggets w/Rolls
Pepper Jack Enchiladas
Country Fried Steak Sand. w/ Fries
Mac N Cheese
Hummus, Pita Chips, & Graham

Fresh Donut or as/Sandwich **4**
Taco Salad w/Salsa
***Assorted Pizza**
Spicy Chicken Sandwich w/Fries
Stuffed Crust Cheese/Veggie Pizza
Black Bean Salsa w/Tortilla Chips

Donut or Chicken N Waffle Sand **7**
Corndog
Crispy Chicken Wings w/Biscuit
Cheeseburger w/ Onion Rings
Bean&Cheese Chile Relleno Burrito
Hummus, Pita Chips, Cinn. Gram

***Pancake Porky or Yogurt Parfait** **8**
Dlx Cheddar Mac N Cheese w/CB
Beef Soft Tacos
Big Daddy's Pizza w/Fries
Veggie Stuffed Crust Pizza
Veggie Burger w/Fries

***BYO Breakfast Burrito** **9**
Hamburger Sliders
Stuffed Crust Cheese Pizza
Rodeo Grilled Chicken w/Fries
Yogurt w/String Ch,CheezIts, Gram
Pintos N Pico w/Tortilla Chips

No School **10**

No School **11**
National School Lunch Week
October 14-18, 2019
School Lunch:
What's on your playlist?

Donut or Filled Cinn Toast Bar **14**
Personal Pepperoni Pizza
Spicy Chicken Sandwich
Cheeseburger w/Fries
Pepper Jack Enchiladas
Veggie Burger w/Fries

Breakfast Pizza or Yogurt Parfait **15**
Crispitos w/Cheese sauce
Buffalo Chicken Bites w/Cheez Its
Chicken Wings w/Biscuit & ORings
Stuffed Crust Pizza
Apple Slices w/PB,CheezIts,Gram

***BYO Breakfast Bowl** **16**
Fr. Toast w/*Sausage & St.Cheese
Cheese & Chile Quesadilla
Spicy Chicken Wrap w/Fries
Fiesta Burrito
Black Bean Burger w/Fries

Cinn. Roll or Morning Sausage Roll **17**
Crispy Chicken Bites w/Rolls
Enchiladas w/Seasoned Rice
Country Fried Steak Sand. W/ Fries
Mac N Cheese
Hummus, Pita Chips, & Graham

Fresh Donut or as/Sandwich **18**
Ch. Ravioli w/Garlic T. & Cookies
***Assorted Pizza**
Spicy Chicken Sandwich w/Fries
Stuffed Crust Cheese/Veggie Pizza
Black Bean Salsa w/Tortilla Chips

Donut or Breakfast Tornado **21**
Chicken Fajita Wrap
Country Fried Steak Sandwich
Cheeseburger w/ Onion Rings
Bean&Cheese Chile Relleno Burrito
Hummus, Pita Chips, Cinn. Gram

SausEggCh Pizza or Yogurt Parfait **22**
Chicken Rings w/Chortles& a Roll
Fish & Cheese Sandwich
Big Daddy's Pizza w/Fries
Veggie Stuffed Crust Pizza
Veggie Burger w/Fries
Strawberry Mango Sidekick

***BYO Breakfast Burrito** **23**
Bosco Cheese Dippers w/Sauce
Oriental Chicken w/Rice& Eggroll
Rodeo Grilled Chicken w/Fries
Yogurt w/String Ch,CheezIts, Gram
Pintos N Pico w/Tortilla Chips

No School **24**

No School **25**

Donut or Pancakes&*Sausage **28**
Sloppy Joe
Buffalo Chicken Bitesw/CinnGram
Cheeseburger w/Fries
Pepper Jack Enchiladas
Veggie Burger w/Fries

***Pancake Porky or Yogurt Parfait** **29**
Dlx Cheddar Mac N Cheese w/CB
Beef Soft Tacos
Chicken Wings w/Biscuit & ORings
Stuffed Crust Pizza
Apple Slices w/PB,CheezIts,Gram

***BYO Breakfast Bowl** **30**
All Beef Hot Dog
Dlx Panini Grilled Chicken Sand.
Spicy Chicken Wrap w/Fries
Fiesta Burrito
Black Bean Burger w/Fries
Kiwi Strawberry Sidekick

Cinn. Roll or Breakfast Pizza **31**
Chicken Nuggets w/Rolls
Pepper Jack Enchiladas
Country Fried Steak Sand. w/ Fries
Mac N Cheese
Hummus, Pita Chips, & Graham
Pumpkin Cookie (ALL)



Nutrition Tip: Schools can provide water pitchers and cups on lunch tables, a water fountain, or a faucet that allows students to fill their own bottles or cups with drinking water. Water is available where meals are served.